



COOK ISLANDS

LITTLE POLYNESIAN RESORT

 (TOUR CODE: 11752)

STARTS AND ENDS

in Rarotonga

TRAVEL PERIODS

until 31 Mar 2026

EXPERIENCE

Beach

TRAVEL STYLE

Independent Holiday Packages

Spend your romantic holiday at this award-winning, 5-star adults-only resort where you can unwind and forget about your daily routine.

Highlights

- Stay in a tropical **Garden Studios** at the boutique **Little Polynesian Resort** featuring sophisticated Polynesian designs and beautiful timber beams!
- A short walk down the beach will take you to the popular "**Fruits of Rarotonga**," well known as one of the best spots on the island for snorkelling, where you will experience an abundant variety of colourful marine life.
- Indulge in a relaxed poolside dining experience amid an open-air ambiance, while enjoying the breathtaking views of the **Titikaveka lagoon**.
- Experience the **Island Night Cultural Show** like Te Vara Nui and Umu Experience, where we treat you to vibrant local music, history, dance traditions, and our most renowned local cuisine.

Escape the everyday life for 7 nights of paradise in the beautiful Cook Islands.

The Little Polynesian Resort is an ideal location for honeymooners and couples seeking a romantic picturesque escape. The resort has fourteen luxurious Beachfront Bungalows or Garden Studios. Experience chic poolside dining at the onsite restaurant, Little Polynesian Restaurant and Bar. Indulge in a tropical cocktail overlooking the stunning salt water infinity pool and into the everlasting blue lagoon.

There's a unique choice of tours designed to explore the culture and beauty of the island and it's people. There's not much left for you to do except arrive and unwind in paradise.



- ✓ ENTIRE Cooling-Off Period
- ✓ ENTIRE Change of Mind
- ✓ ENTIRE On Ground Support
- ✓ ENTIRE AUD Prices
- ✓ ENTIRE Industry Accredited
- ✓ ENTIRE Australian Owned

INCLUSIONS

- 7 nights in Rarotonga at Little Polynesian Resort in a Garden Studio - 4*
- Fresh "Flower Ei" meet and greet on arrival
- Return coach transfers from Rarotonga Airport to Little Polynesian Resort
- Daily tropical breakfast
- Early Check-In from 0630 Arrival
- Island Night Show with Dinner and Transfers at Highlight Paradise or Te Vara Nui

Freedom of Choice Days

Freedom of Choice



Our Freedom of Choice program offers flexibility, by allowing you to choose from different options on pre-selected days.

Our per person price includes one tour on each Freedom of Choice day, as follows:

- One "Freedom of Choice" tour on day 3

Expand the itinerary below for more details.

Please note, if more than one room is selected during the booking process, our team will contact you afterwards to discuss options.

ITINERARY

Day **1**

Rarotonga Airport Little Polynesian Resort

Upon arrival at Rarotonga Airport you will be greeted with Fresh "Flower Ei" and escorted to your coach transfer to Little Polynesian Resort. Check-in and enjoy the resort facilities for the rest of the day.

Overnight stay at **Little Polynesian Resort** in a Garden Studio.

Breakfast



Day **2**

Rarotonga

Enjoy a leisurely breakfast and the rest of the day is yours to explore the Little Polynesian Resort.

Why not go for a walk along the stunning Muri Beach or relax in the stunning salt water infinity pool.

Overnight stay at **Little Polynesian Resort** in a Garden Studio.

Breakfast



Day **3**

Rarotonga

It's time to explore the island! Enjoy a pre-selected tour from our **Freedom of Choice** options below. These tours can be taken on any day of your stay with a maximum of 1 tour per itinerary as outlined below.

Overnight stay at **Little Polynesian Resort** in a Garden Studio.

Breakfast

Freedom of Choice Options

- **Kitesup Shipwreck Snorkel Tour:**

Available on Monday to Friday (Children under 12 years not permitted)

Explore, enjoy & experience the beauty of our island paradise above and below water. The Sea Scooter Snorkel Tour is a thrilling way of experiencing Rarotonga's crystal clear waters and its astonishing marine life. Make your moments in Rarotonga unforgettable ones!

OR

- **Highland Paradise Kaara Island Night:**

Available on Monday, Wednesday and Friday

The multi-award winning Ka'ara Island Night is an authentic Cook Islands cultural experience that immerses guests into the history of this 600 year old site through legends told, warrior chants, song, dance, and beating drums. Savour the local delicacies including traditional favourites prepared in an underground oven while embracing our proud Cook Islands culture.

OR

- **Storytellers Discover Bicycle Tour:**

Available on Monday, Wednesday and Friday

Travel the ancient backroads along level to gently sloping terrain, stopping at intervals to enjoy local fruits and stories told by your tour guide. This 3.5 hour tour covers a distance of around 8-12 kilometres and caters to those with basic fitness levels and limited riding experience. Definitely a fun and of course eco-friendly way to discover Rarotonga.

OR

- **Raro Tours Island Discovery Tour:**

Available on Monday to Friday

In the comfort of an air-conditioned vehicle this 3-hour guided tour is a brilliant way to kickstart your holiday before exploring the island on your own. On tour you will discover many places of interest around Rarotonga including popular beaches, cultural and historical sites, local plantations, gift shops and more. Light refreshments provided at the completion of your tour.



Enjoy a leisurely breakfast and the rest of the day is yours to explore at the Little Polynesian Resort.

You can try a kayak, canoe or snorkel around the warm waters of the Muri lagoon.

Overnight stay at **Little Polynesian Resort** in a Garden Studio.

Breakfast



Day **6**

Rarotonga

After breakfast the day is yours.

Each Garden Studio comes with it's own private courtyard complete with sun loungers, tropical plants and an outdoor shower providing the perfect place to relax in privacy.

Overnight stay at **Little Polynesian Resort** in a Garden Studio.

Breakfast



Day **7**

Rarotonga

Today is your last day to relax and enjoy the Cook Islands paradise.

Before you leave you can enjoy poolside dining in an open air setting with spectacular views of the Titikaveka lagoon. To complete your dining experience, indulge in a tropical dessert delight, a coffee, or perhaps a cocktail or two! (Optional/Own expense).

Overnight stay at **Little Polynesian Resort** in a Garden Studio.

Breakfast



Day **8**

Rarotonga Rarotonga Airport

After breakfast prepare to check-out feeling relaxed, refreshed and a little sad to be leaving paradise.

Depart to Rarotonga Airport with coach transfer.

OPTIONAL EXTRAS

Aitutaki Day Tour

The **Aitutaki Day Tour** is a full day excursion featuring one of the most beautiful lagoons in the world. A guided tour of the island including a catamaran sailing with snorkelling opportunities in this magnificent lagoon. A BBQ Lunch is served half through the trip onboard the Titi Ai Tonga. The Aitutaki Day Tour includes Rarotonga airport transfers, inter-island round trip airfares, Aitutaki island tour by “le truck” and the 6-hour lagoon Cruise on board The Vaka Cruise.

Tip: make sure you take your passport with you as you can get an ‘Arrival’ stamp from the One Foot Island Post Office which is a great souvenir gift to show family & friends.



Prices are dynamic based on travel dates. Please proceed to [Book Now](#) or [Contact Us](#) for details.

ACCOMMODATION

Little Polynesian Resort

UPGRADE AVAILABLE

Rarotonga

For those seeking privacy and luxury, look no further than the award-winning adults only, Little Polynesian Resort. This leading boutique resort makes an ideal location for honeymooners and couples seeking a romantic picturesque escape. The luxurious private setting and personal touches provide a truly unique luxurious Polynesian experience with the guests yearning to return to the little piece of paradise.



Room Upgrades

Beachfront Bungalow

Stunning Views, Romance Personified. The stunning Beachfront Bungalows are the epitome of sophisticated and contemporary Pacific design. The spacious split level abodes are the perfect choice for a romantic getaway or special celebration. The super king beds are centrally placed in the elevated bedrooms ensuring you wake every morning to stunning lagoon views, the lower level lounge area is furnished with a dining and lounge area and the entertainment unit. Also featured is a large double bathroom leading to your private courtyard with outdoor shower.



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ADDITIONAL INFORMATION

OFFICIAL LANGUAGE

Cook Islands Maori and English

LOCAL CURRENCY

New Zealand Dollar (NZD)

Excluded

- International airfares and taxes
- Domestic airfares and taxes, unless otherwise specified in our holiday package
- Visa expenses, processing and issuance fees
- Meals other than as specified in our holiday package i.e. mandatory festive dinners
- Travel Insurance or expenses of a personal nature (mini-bar, phone call, laundry, etc.),
- Tips or gratuities to guides, drivers, porters, hotel, restaurant or boat staff, etc.
- Or any other travel expense that has not been included in our holiday package