



COOK ISLANDS

RAROTONGA, AITUTAKI & ATIU COMBO (TOUR CODE: 11736)

STARTS AND ENDS

in Rarotonga

TRAVEL PERIODS

until 31 Mar 2025

EXPERIENCE

Beach

TRAVEL STYLE

Independent Holiday Packages

From tropical jungles to the mountain peaks to stunning beaches, the natural beauty of Cook Islands are yours to explore at your leisure.

Highlights

- Stay in a **Beachfront Studio** located on the ground with a private balcony or patio at **Moana Sands Beachfront hotel!**
- Stay in a **Tipani Bungalow**, set amongst lush tropical gardens, and only a few steps away from the beach at **Aitutaki Village!**
- **Fully stocked food cupboard** with bread, eggs, cheese, canned goods and more at **Atiu Villas in Atiu!**
- **Internal Flights** Rarotonga- Atiu – Rarotonga - Aitutaki – Rarotonga
- **Tumunu Visit** to mix with the locals – an experience not to be missed (Bush Beer made from fruit included)
- **Lagoon Cruise in Aitutaki** with Tekings including transfers, lunch and refreshments
- **Anatakitaki Cave Tour** - See the unique Kopeka Bird!
- **Tumunu Tour** - Mix with the locals and try bush beer!
- **Island Tour of Atiu** with light lunch included
- **2x Freedom of Choice Activities**

Your island explorer adventure starts in Rarotonga, staying at the Moana Sands Beachfront Hotel for 5 nights. Located in Titikaveka Village which is on the South coast of Rarotonga, the hotel sits peacefully on an unspoiled stretch of white sandy beach with stunning views of the lagoon and ocean beyond.

Continue onto explore Aitutaki staying at the Aitutaki Village for 3 nights. Located on Ootu Beach, the Aitutaki Village overlooks lush gardens and coconut palms. Enjoy a beautiful romantic swim in the warm turquoise waters; with stand up paddle boards and kayaking facilities available, find yourself drifting away. Lay back, soak up the island sun on the beach lounges and let yourself relax and enjoy the island essence.

You will then fly to Atiu for a 3 night stay at Atiu Villas. Atiu Island is one of the three "must visit" islands in the Cook Islands. The Atiu Villas are located in a quiet and relaxing environment surrounded by an extensive tropical garden, pineapple fields and a view down a jungle clad valley to the ocean. It is only a short walk to the white sandy beaches of the southern coastline.

There's a unique choice of tours designed for you to explore the culture and beauty of the islands and it's people on your exploration to the Cook Islands.



- ✓ ENTIRE Cooling-Off Period
- ✓ ENTIRE Change of Mind
- ✓ ENTIRE On Ground Support
- ✓ ENTIRE AUD Prices
- ✓ ENTIRE Industry Accredited
- ✓ ENTIRE Australian Owned

INCLUSIONS

- 5 nights at Moana Sands Beachfront Hotel - 3*
- 3 nights at Aitutaki Village - 3*
- 3 nights at Atiu Villas - 3*
- Fresh Flower Ei meet and greet on arrival
- Domestic flights between Rarotonga, Aitutaki & Atiu
- Private return transfers from Rarotonga Airport to Moana Sands Beachfront Hotel
- Return transfers from Aitutaki Airport to Aitutaki Village
- Return transfers from Atiu Airport to Atiu Villas
- Daily tropical breakfast in Rarotonga and Aitutaki
- Full Day Lagoon Cruise with Teking
- Anatakitaki Cave Tour with Ben
- Island Eco Tour with Birdman Geoge
- Atiu Tumunu Tour

Freedom of Choice Days

Freedom of Choice



Our Freedom of Choice program offers flexibility, by allowing you to choose from different options on pre-selected days.

Our per person price includes one tour on each Freedom of Choice day, as follows:

- One "Freedom of Choice" tour on day 2-5

Expand the itinerary below for more details.

Please note, if more than one room is selected during the booking process, our team will contact you afterwards to discuss options.

ITINERARY

Day 1 Rarotonga Moana Sands Beachfront Hotel

Upon arrival at Rarotonga Airport you will be greeted with Fresh "Flower Ei" and escorted to your private transfer to Moana Sands Beachfront Hotel.

Arrive at Moana Sands Beachfront Hotel for check-in and enjoy the resort facilities for the rest of the day.

Overnight stay at **Moana Sands Beachfront Hotel** in a Beachfront Studio.



Day 2-5 Rarotonga

It's time to explore the island! Enjoy a pre-selected tour from our **Freedom of Choice** options below. These tours can be taken on any day of your stay on Rarotonga with a maximum of 1 tour per itinerary as outlined below.

Overnight stay at **Moana Sands Beachfront Hotel** in a Beachfront Studio.

Breakfast

Freedom of Choice Options

- **Kitesup Shipwreck Snorkel Tour:**

Available on Monday to Friday (Children under 12 years not permitted)

Explore, enjoy & experience the beauty of our island paradise above and below water. The Sea Scooter Snorkel Tour is a thrilling way of experiencing Rarotonga's crystal clear waters and its astonishing marine life. Make your moments in Rarotonga unforgettable ones!

OR

- **Storytellers Discover Bicycle Tour:**

Available on Monday, Wednesday and Friday

Storytellers delivers an informative and genuine trip that takes guests on routes through lanes and tracks of the island showing the histories and heritage of our beautiful island nation called Rarotonga. Stories are told of our cultural aspect of this history, including how the connection with the heritage underpins a deeper love and respect of the lands natural environment inherent within the DNA of the Cook Island people.

OR

- **Raro Tours Island Discovery Tour :**

Available Monday to Friday

Explore Rarotonga from the comfort of an air-conditioned coach as our experienced local guide takes you on a fascinating 3 hour sightseeing tour, your perfect introduction to the islands rich culture & history. You will visit many points of interest including ancient maraes (sacred sites), local arts & crafts shops, the Library & Museum, the Garden of the 7 Canoes, and many more. Light refreshments will be served at the end of your tour.

OR

- **Highland Paradise Kaara Island Night:**

Available on Monday, Wednesday and Friday

The multi-award winning Ka'ara Island Night is an authentic Cook Islands cultural experience that immerses guests into the history of this 600 year old site through legends told, warrior chants, song, dance, and beating drums. Savour the local delicacies including traditional favourites prepared in an underground oven while embracing our proud Cook Islands culture.



Day **6**

Rarotonga Aitutaki

After your tropical breakfast check out from Moana Sands Beachfront Hotel and take your private transfer to Rarotonga Airport.

A quick and comfortable forty-five minute flight from Rarotonga takes you to the sublime turquoise waters of one of the world's most beautiful tropical lagoons.

Arrive at Aitutaki Village and check-in. The rest of the day is at your leisure.

Overnight stay at **Aitutaki Village** in a Standard Room.

Breakfast



Day **7-8** Aitutaki

Days at leisure, take advantage of the many complimentary activities Aitutaki Village has to offer.

While you are on Aitutaki you can enjoy the following tour:

- **Lagoon Cruise with Teking** - Spending a day out on a cruise is a great way to enjoy this magical and stunning, beautiful lagoon. Snorkel in some of the best locations in Aitutaki's pristine lagoon and enjoy the opportunity to see turtles at home in the crystal clear waters.

Overnight stay at **Aitutaki Village** in a Standard Room.

Breakfast



Day **9** Aitutaki Atiu

After your tropical breakfast check out from Aitutaki Village and take your private transfer to Aitutaki Airport.

A quick and comfortable forty-five minute flight from Aitutaki takes you the third largest island, Atiu, one of the few untouched places left in the world.

Arrive at Atiu Villas and check-in. The rest of the day is at your leisure.

Overnight stay at **Atiu Villas** in a Standard Unit.

NOTE: Villas are stocked with food and guests make their own breakfast and pay for what is used on departure.

Breakfast



Day 10-11 Atiu

Days at leisure, take advantage of the many complimentary activities Atiu Villas has to offer.

While you are on Atiu you can enjoy the following tours:

- **Anatakitaki Cave Tour - See the unique Kopeka Bird**

The Anatakitaki Caves are regarded by environmentalists as a national treasure. A walk through the dense tropical jungle covering the Makatea coastline leads to Anatakitaki Cave - a must-see when in Atiu. There you will also enjoy a breathtaking view of the stalagmites, stalactites and a high natural cathedral ceiling above. The cave also provides a home to one of the rare native birds, the Kopeka. This tiny bird nests deep in the limestone caverns and just like a bat navigates its way through the dark using sonar.

- **Tumunu Tour**

Atiu Tumunu Tour is a two-century old tradition where the local men gather at their village clubs to enjoy several rounds of a fruit based alcoholic local brew and discuss their day. At the Tumunu everyone is seated in a circle surrounding the barman. The barman then serves the brew clockwise out of a small coconut shell - smaller than the volume of a wine glass. The Tumunu Tour is a great way to meet the locals and sample the local beverage and local music. Learn about the history of this tradition.

- **Island Discovery Tour of Atiu**

The Island Discovery Tour is a 3.5 hour guided tour that takes you on a journey to discover the remarkable history and unsurpassed beauty of this little peaceful paradise. Your tour begins with a drive through the main village and town area of Areora. You are shown the small business district, government buildings, local churches and schools, as well as the Ngamaru Ariki (Chiefs) palace and special landmarks. Each stop has a fascinating history which your tour guides will share with you along the way.

Overnight stay at **Atiu villas** in a Standard Unit.

NOTE: Villas are stocked with food and guests make their own breakfast and pay for what is used on departure.



ANATAKITAKI CAVE CREDIT: KIERAN SCOTT

Day **12** Atiu Rarotonga

Enjoy your breakfast and check out. Relax on your return flight to Rarotonga after exploring the Cook Islands.

NOTE: Villas are stocked with food and guests make their own breakfast and pay for what is used on departure.

ACCOMMODATION

Moana Sands Beachfront Hotel

Rarotonga

Directly overlooking the idyllic Titikaveka Beach, the hotel features a variety of studios across three levels, with mesmerising views of the lagoon and ocean beyond. Evenings can be spent at Moana Restaurant & Bar with absolute beachfront dining options. Indulge in modern pacific fusion cuisine, with a great range of cocktails and other beverages available to compliment your meal.



Aitutaki Village

Aitutaki

Located on the beautiful majestic Ootu Beach is 'Aitutaki Village you will find yourself among the 12 romantic, garden bungalows; with white sandy beaches only a step away. Enjoy a beautiful romantic swim in the warm turquoise waters; with stand up paddle boards and kayaking facilities available, find yourself drifting away. Lay back, soak up the island sun on the beach lounges and let yourself relax and enjoy the island essence.



Atiu Villas

Atiu

Located in Atiu Island on the outskirts of the central villages, the siting of Atiu Villas provides a quiet and relaxing environment surrounded by an extensive tropical garden, pineapple fields and a view down a jungle clad valley to the ocean. Atiu Villas are unique in that the chalet style villas are made almost entirely of local native timbers and materials and feature the polished woods of mango, coconut and many other tropical trees.



ADDITIONAL INFORMATION

OFFICIAL LANGUAGE

Cook Islands Maori and English

LOCAL CURRENCY

New Zealand Dollar (NZD)

Excluded

- International airfares and taxes
- Domestic airfares and taxes, unless otherwise specified in our holiday package
- Visa expenses, processing and issuance fees
- Meals other than as specified in our holiday package i.e. mandatory festive dinners
- Travel Insurance or expenses of a personal nature (mini-bar, phone call, laundry, etc.),
- Tips or gratuities to guides, drivers, porters, hotel, restaurant or boat staff, etc.
- Or any other travel expense that has not been included in our holiday package