



ITALY

LET'S DISCOVER THE CAMPANIA TRADITIONS (TOUR CODE: 11586)

STARTS AND ENDS

Naples to
Naples

TRAVEL PERIODS

01 Apr 2022 - 31 Oct 2023

EXPERIENCE

Food & Wine
Cultural

TRAVEL STYLE

Private Escorted Tours

Discover Campania, a region rich in food & wines but also ancient monuments and scenic views. Visit Naples, Pompeii & the Amalfi Coast.

Highlights

- Enjoy a **welcome dinner** in Sorrento dedicated to the typical products of Campania Region
- Private guided **tour of Pompeii**, the ancient Roman city buried in 79 AD by a massive eruption of Mt Vesuvius
- Lunch and sample the award winning *Lacryma Christi del Vesuvio DOC White Wine* at "**Tenuta Le lune del Vesuvio**", four hectares of greenery at about 300 metres above sea level, headquarters in defense of the typical traditional Vesuvian products
- Discover with your **private guide the splendid Amalfi Coast**, one of the most beautiful places in the world and a UNESCO World Heritage site, with its amazing sea views!
- **Capri tour with Blue Grotto**, the most picturesque and visited places in Campania
- **Cooking lesson** at "Fondo Galatea" and a Limoncello tasting in Sorrento

This is a Private Escorted tour of the Campania region that will bring you to Naples, with its castles and noble palaces, and also the city where pizza was conceived in its modern appearance and taste; the Isle of Capri, the most picturesque and visited places in Campania; in Pompeii, the ancient Roman city buried in 79 AD: in Sorrento, a UNESCO World Heritage Site, where there are a number of mountain towns that seem to fall into the sea and the wonderful Positano.

You will have the unique opportunity of sampling several **Slow Food Presidia** products that are high-quality, traditional foods and beverages at risk of "extinction" and other local delicacies from Slow Food recommended quality producers, such as: the original Limoncello of Amalfi and Sorrento; the cakes and other specialties of Amalfi; the San Marzano tomato and the typical preserves and jams of the "Fondo galatea".

Slow Food is an organisation that promotes local food and traditional cooking. It was founded by Carlo Petrini in Italy in 1986 and has since

spread worldwide. Promoted as an alternative to fast food, it strives to preserve traditional and regional cuisine and encourages farming of plants, seeds, and livestock characteristic of the local ecosystem. It promotes local small businesses and sustainable foods. It also focuses on food quality, rather than quantity. It was the first established part of the broader slow movement. It speaks out against overproduction and food waste. It sees globalisation as a process in which small and local farmers and food producers should be simultaneously protected from and included in the global food system.



- ✓ ENTIRE Cooling-Off Period
- ✓ ENTIRE Change of Mind
- ✓ ENTIRE On Ground Support
- ✓ ENTIRE AUD Prices
- ✓ ENTIRE Industry Accredited
- ✓ ENTIRE Australian Owned

INCLUSIONS

- 5 nights in Sorrento in a 4* hotel
- Return Private Transfer to/ from Naples
- Daily Breakfast
- Welcome dinner in Sorrento
- Half-day Private guide in Pompeii
- Private guide and driver full-day on the Amalfi Coast
- Private guided tour of Capri with transfers included from your hotel
- Cooking lesson at "Fondo Galatea" followed by lunch and a Limoncello tasting
- Wine tasting at "Tenuta Le lune del Vesuvio" followed by lunch in Pompeii
- Wine Tastings at "Cantine G. Apicella" followed by a lunch on the Amalfi Coast
- Taste the famous Ricotta and Pear in one of the oldest pastry shops in Minori
- Hydrofoil tickets included
- Entrances included: Pompeii excavations, Cathedral San Andrea in Amalfi, Blue Grotto, San Michele and Augustus's Gardens in Capri

ITINERARY

Day

1

Naples Sorrento

Arrive in Naples, at either the train station or airport, where you will met by a guide for a walking tour of Naples, enjoy some free time for lunch and later,take a transfer to your hotel in the centre of Sorrento.

After check in, enjoy a welcome regional dinner with local products at your hotel.

Overnight stay in the **Sorrento** in a 4* Hotel.

Dinner



Day **2**

Sorrento

After your Continental Breakfast, be ready for a day dedicated to **typical Sorrentine foods!**

The cooking class will be held in a characteristic Sorrentine garden and it will be specially designed to make your holiday a perfect culinary experience. All dishes are prepared using the freshest ingredients, following traditional recipes passed down through many generations. Each cooking course takes approximately 3 hours depending on the option selected. The class includes a lesson and lunch accompanied by exquisite wines, mineral water and limoncello.

You'll be greeted with a welcome drink and then start a walking tour in the vegetable garden.

Here you can pick organic products with their Mediterranean scent and taste, which will be sent for cooking and preparing our dishes. The lesson includes cooking a traditional Sorrento menu, composed of a first course with homemade pasta, a second course and the inevitable dessert. Under the experienced leadership of the chef, you can learn how to cook the famous *gnocchi alla Sorrentina* or the *ravioli alla Caprese*. You will cook the famous Eggplant *Parmigiana*, made with fried eggplant, then put in the oven with mozzarella and tomato sauce. At the end the dessert not to be missed: a lemon caprese cake or a delicious tiramisù with coffee.*

At the end of every class, you can taste your culinary creation, and you'll judge your own dish in the shadow of our pergola, with a smile and fine wines in good company. At the end of the lesson you will receive your certificate of participation and the recipes to cook your favorite dish at home on your own.

Overnight stay in the **Sorrento** in a 4* Hotel.

**Please note that the menu selected could change on the basis of the seasonality of the products.*

Breakfast, Lunch



Day 3 Sorrento Capri Sorrento

Today the journey will lead you to the magnificent Island of **Capri**. The tour starts with a private transfer from your hotel to the port of Sorrento, where you will meet your private guide. Travel to Capri by hydrofoil, where your first stop is the **Blue Grotto**, a sea cave on the coast of the Island (weather permitting). After that, a Capri Cabrio Car, a characteristic vehicle of the island, will wait for you at the harbour to take you on a visit of Villa San Michele and Anacapri.

Free time for lunch and shopping, then, transfer to the port of Capri to return to Sorrento by hydrofoil and private car.

Overnight stay in the **Sorrento** in a 4* Hotel.

Breakfast



Day 4 Sorrento Pompeii Sorrento

Meet with your private guide in the lobby of your hotel at 08.00am and depart for **Pompeii**.

Enjoy a 2 hour private tour of Pompeii, the opulent Roman city which was buried beneath the rubble from the eruption of Mt Vesuvius in 79AD.

Continue to the "*Tenuta Lune del Vesuvio*" for a guided tour of the estate with lunch and tastings of the wines of their production.

Overnight stay in the **Sorrento** in a 4* Hotel.

Breakfast, Lunch



Day **5**

Sorrento Amalfi Coast Sorrento

The morning is just the start of a memorable day spent in one of the most beautiful places in the world, the Amalfi Coast. Meet your guide and driver at the reception of the hotel. First stop is: the charming village of **Positano** followed by, the first *maritime republic*, **Amalfi**, where you will visit the famous Cathedral of Sant'Andrea and the historic centre with its narrow streets full of shops.

The trip will pass by the magical city of **Ravello** then stop for a visit of "*Cantine Giuseppe Apicella*" a family vineyard with cellars and sample 5 different type of wines while tasting typical local products. Last stop is to admire the **Roman Villa in Minori** (entrance not included) and to taste of the famous Ricotta and Pear pastry. Free time in Minori and return to hotel.

Overnight stay in the **Sorrento** in a 4* Hotel.

Breakfast



Day 6

Sorrento Naples

Breakfast at your hotel and check out, followed by a private transfer from your Sorrento hotel to Naples airport or train station.

Breakfast



ADDITIONAL INFORMATION

OFFICIAL LANGUAGE

Italian

LOCAL CURRENCY

EURO

- We work with a selection of hotels in each location. All bookings are subject to availability, which means our team will confirm your specific hotels upon confirmation and payment of deposit. The package price is based on 4-star accommodation.

Blackout dates may apply during festive season.

Excluded

- International airfares and taxes
- Domestic airfares and taxes, unless otherwise specified in our holiday package
- Visa expenses, processing and issuance fees
- Meals other than as specified in our holiday package
- Travel Insurance or expenses of a personal nature (mini-bar, phone call, laundry, etc.),
- Tips or gratuities to guides, drivers, porters, hotel, restaurant or boat staff, etc.
- Or any other travel expense that has not been included in our holiday package